

WRESTLER/PARENT CODE

Sheridan Young Guns Wrestling Club places great importance upon helping young student-athletes by involving them in an athletic program which builds character, self-esteem and emphasizes team work. Discipline, hard work, and cooperation act as the foundation of this effort. In that vein, we have developed these standards by which we expect each wrestler to abide by.

How you as a wrestler & and as a wrestler's parent conduct yourself on and off the mat is the way that everyone will perceive you and also how the community will look upon you, *Sheridan Young Guns Wrestling Club*, our association(s) and the sport of wrestling.

1. *I understand that I am involved in Sheridan Young Guns Wrestling Club to learn about wrestling, and it is not a "babysitting" service.*
2. *I understand that disruptive behavior and failure to follow instructions are grounds to be dismissed from practices, tournaments and any other club functions.*
3. *I agree to encourage my teammate's efforts and **NOT** criticize their mistakes.*
4. *I agree to conduct myself in a sportsman like manner at all times while attending all wrestling events, including practice. Violations of sportsmanship are considered physical or non-physical acts and can occur before, during, or after a match. They include, but are not limited to failing to comply with the directions of the referee, pushing/shoving, biting, striking, kicking, swearing, taunting, throwing headgear, spitting, and indicating displeasure with a referee's judgment call.*
5. *I understand that the above listed standards are not negotiable and must be adhered to.*

Consequences can include, but are not limited to the following:

1. Warning from coach and/or Board member. An apology to involved parties and/or Sheridan Young Guns Wrestling Club.
2. Second warning, probation and meeting with wrestler, parent(s), coach and board member.
3. Meeting with board members and 2-week suspension.
4. Dismissal from the club for the remainder of the season, including post season tournaments. Must petition the Sheridan Young Guns Wrestling Club board for reinstatement.

Actions are at the Board's discretion and are determined by the severity of infraction.

I have read and accept this Code of Conduct. I recognize that this Code of Conduct does not establish a complete set of rules, which prescribes every aspect of appropriate behavior and/or penalties.

Wrestler Signature

Date

Parent Signature

MEDICAL RELEASE

Wrestler's Full Legal Name: _____
First Middle Last

Insurance Information: _____
Insurance Provider Name Policy Number

Is your child allergic to any food or medications? Yes No If yes, please list: _____

Does your child have any medical conditions that may limit his/her abilities? Yes No

If Yes, please describe: _____

Is your child currently on any medications? Yes No If yes, please list: _____

If my child needs medical treatment while participating, be it at practice, at a tournament, or any other time my child is in the care of Sheridan Young Guns Wrestling Club or any of the team's representatives, it is my wish that treatment be started while efforts are being made to contact me. So that treatment is not delayed, I consent to any medical procedures that the physicians or other medical personnel believe are needed, on the understanding that efforts will continue to be made to contact me. I accept responsibility for all costs related to such treatment.

Parent /Guardian Signature Date

Parent /Guardian Name (Printed)

CLUB BYLAWS

I received a copy of the Young Guns Wrestling Club Bylaws, (or I will obtain one on the club's website) and agree to read them in their entirety and abide by them at all times.

Parent/Guardian Signature Date

Printed Name

Help with the LOCAL tournament(s) is REQUIRED by all members.



USA WRESTLING CONSENT/WAIVER

1. On behalf of myself, my heirs and next of kin, personal representative, agents, insurers, successors and assigns (all hereinafter "Releasors") hereby FOREVER RELEASE, DISCHARGE AND COVENANT NOT TO SUE THE UNITED STATES OF AMERICA WRESTLING ASSOCIATION, INC., its insurers, its affiliated clubs, administrators, agents, directors, officers, state organizations, members, committees, volunteers, all employees of USA Wrestling, and any and all participants, officials, referees, coaches, host clubs, sponsoring agencies, sponsors, advertisers, local organizing committees (and if applicable) owners, lessors and operators of premises used to conduct any USA Wrestling sanctioned event, meet, practice or activity (all hereinafter "Releasees") from any and all liabilities, claims, demands, causes of action or losses of any kind or nature, past, present or future, direct or consequential that I may hereafter have for PERSONAL INJURY, PERMANENT, TEMPORARY, TOTAL OR PARTIAL DISABILITY, DISFIGUREMENT, PARALYSIS AND ANY OTHER LOSSES OR DAMAGES TO PERSON OR PROPERTY OR DEATH, arising out of my participation in, attendance at or traveling to and from any USA Wrestling sanctioned event or activity including, but not limited to, LOSSES CAUSED BY THE PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used.

2. Releasor understands and acknowledges that USA Wrestling sanctioned activities and the sport of wrestling in general have inherent dangers that no amount of care, caution, training, instruction, supervision or expertise can eliminate. RELEASOR EXPRESSLY AND VOLUNTARILY ASSUMES ALL RISK OF PERSONAL INJURY, PERMANENT, TEMPORARY, TOTAL OR PARTIAL DISABILITY, DISFIGUREMENT, PARALYSIS AND ANY OTHER LOSSES OR DAMAGES TO PERSON OR PROPERTY OR DEATH, sustained while participating in, attending, preparing for or traveling to and from any USA Wrestling sanctioned event, meet, practice or activity, including the risk of PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used.

3. Releasor acknowledges and fully understands that each participant in any USA Wrestling sanctioned event, meet, practice or activity, including Releasor, will be engaging in activities that involve risk of serious injury, including permanent, temporary, total or partial disability, disfigurement, paralysis and any other losses to person or property, including death, and that severe social and economic losses may result not only from releasor's own action, inactions or negligence, but also from the actions, inactions or negligence of other notwithstanding the rules of play or the condition of the premises or of any equipment used. Further, Releasor acknowledges and fully understands that there may be other associated risks with such activities which are not known or not reasonably foreseeable at this time.

I acknowledge that I have had sufficient opportunity to review the provisions of this document and understand its purpose, meaning and intent.

Parent/Guardian Signature

Date

Printed Name of Wrestler

Wrestler's Full **Legal** Name: _____
First Middle Last

Club T-Shirt SIZE:

Youth _____ Adult _____

